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Applied Research Note: Alpha-monolaurin stimulates the antibody response elicited upon infectious bronchitis vaccination of broilers

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## 9 **Running title: $\alpha$ -monolaurin and IB vaccination**

10 **Keywords:** alpha-monolaurin, broiler, feed additive, infectious bronchitis, vaccination

11 **Primary audience:** nutritionists, researchers, feed formulators, microbiologists, veterinarians

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**SUMMARY**

14 Alpha-monolaurin has been demonstrated to have antipathogenic properties and is therefore used as  
15 feed additive for broilers to prevent infectious diseases and improve production performance. As its  
16 antiviral effect is thought to be exerted by disintegrating the viral envelope,  $\alpha$ -monolaurin might  
17 counteract with the current vaccination programs used in poultry production that are based on  
18 administering live attenuated viral strains. In this study, the effect of a commercially available  
19 formulation of  $\alpha$ -monolaurin (FRA<sup>®</sup> C12 Dry) on infectious bronchitis (IB) vaccination was  
20 evaluated in Ross 308 broilers. In chickens orally vaccinated with live infectious bronchitis virus  
21 (IBV), supplementation of FRA<sup>®</sup> C12 Dry did not seem to affect the uptake of vaccine IBV, though  
22 indication for enhanced viral clearance of this virus was seen after 30 days in the supplemented  
23 birds. Furthermore, anti-IBV antibody titer values were significantly higher in orally IBV-  
24 vaccinated animals receiving FRA<sup>®</sup> C12 Dry compared to the control group receiving blank feed.  
25 Taken together, the results indicate that  $\alpha$ -monolaurin does not influence oral IB vaccination  
26 efficacy, but, in contrast, has the potency to stimulate the immune response that is elicited upon  
27 vaccination. This further supports the use of  $\alpha$ -monolaurin as a feed additive for broilers. Follow-up  
28 studies are, however, necessary to evaluate if better protection can be established upon challenge  
29 with IBV and whether a similar effect can be observed for other pathogens.

**DESCRIPTION OF PROBLEM**

31 Lauric acid (C12) is a medium chain fatty acid that is commonly found in natural products,  
32 including coconut oil. But also its  $\alpha$ -monoglyceride form,  $\alpha$ -monolaurin, is found for instance in  
33 human breast milk and displays antibacterial and antiviral activity. Alpha-monolaurin can be  
34 produced by esterification of lauric acid to the sn-1 position of a glycerol molecule, and also exerts  
35 an antipathogenic effect, likely by solubilizing the lipids and phospholipids in the bacterial cell  
36 membrane or viral envelope, which results in destabilization or disintegration of the pathogen  
37 (Isaacs et al. 1986). Moreover,  $\alpha$ -monolaurin is biologically more active in neutralizing viruses and  
38 bacteria compared to non-esterified lauric acid (reviewed by Lieberman et al. (2006)). In addition,  
39  $\alpha$ -monolaurin is not affected by the pH range encountered in the gastrointestinal tract and hence  
40 stable throughout the complete gastrointestinal tract, and resistant to enzymatic breakdown by  
41 lipases in the mouth, stomach and small intestine (reviewed by Mu and Hoy (2004)). Commercially  
42 available formulations of  $\alpha$ -monolaurin are therefore marketed as valuable feed additives that  
43 improve the health status and the production performance of poultry (Fortuoso et al. 2019).  
44 However, due to its antiviral properties,  $\alpha$ -monolaurin could counteract the effect of live attenuated  
45 vaccines, especially those administered orally. This is of concern, as antiviral vaccination of poultry  
46 is often performed with live vaccines allowing mass application (orally, e.g. via drinking water or  
47 spray), as, for example, is the case for some commercial infectious bronchitis (IB) vaccines. The  
48 main objective of this study was to evaluate the effect of supplementing a commercial available  
49 formulation containing  $\alpha$ -monolaurin (FRA<sup>®</sup> C12 Dry) on vaccine uptake and elicited antibody  
50 response in Ross 308 broilers orally vaccinated with live attenuated infectious bronchitis virus  
51 (IBV).

**MATERIALS AND METHODS**53 ***Broilers and Housing***

54 One-day-old male maternally-derived antibody (MDA) positive broiler chickens (Ross 308) were  
55 obtained from a commercial hatchery in Belgium and did not receive any antimicrobial or anti-  
56 inflammatory drugs at the hatchery or at the study site. Broilers originated from breeders that have  
57 been vaccinated with live vaccines of different serotypes (Mass, 4/91, QX, D274) and have been  
58 boosted with an inactivated multivalent vaccine containing Mass and D274 antigens. Identification  
59 was established with wing tags. Broilers were housed in isolators (each 2 m<sup>2</sup> and 1 m high) equipped  
60 with HEPA-filtered air circulation with positive air pressure to prevent access of external viruses.  
61 Their design and construction are in accordance with the EU Directive 2010/63/EU. Potable  
62 drinking water originating from the public water system for human consumption was provided *ad*  
63 *libitum* and a one phase feeding regimen was applied. The study and its methodology were approved  
64 by the ethical committee of Poulpharm BVBA (application P17139-ISO).

65 ***Experimental Design***

66 The study included two treatment groups that were separated by assigning one isolator to each  
67 treatment group to avoid cross-contamination. Fifty broilers, 25 broilers per isolator, were randomly  
68 allocated to one of the two isolators upon arrival. The basal composition of the commercial feed was  
69 the same for both treatment groups. The control group received blank feed during the entire study,  
70 whereas the feed of the treated group was supplemented with the test product FRA<sup>®</sup> C12 Dry  
71 (provided by FRA<sup>®</sup>melco BV, Raamsdonksveer, The Netherlands) at 3 kg/ton from the first day  
72 onwards. FRA<sup>®</sup> C12 Dry is a mixture of mono-, di- and triglycerides of lauric acid on a silica carrier  
73 (E551a, silicic acid, precipitated and dried). Besides the main ingredient,  $\alpha$ -monolaurin, FRA<sup>®</sup> C12

74 Dry also contains a small amount of free glycerol and free lauric acid. The lauric acid used for the  
75 esterification process originates from palm kernel oil.

76 On day 1 and day 15, all broilers of both treatment groups were individually vaccinated with one  
77 dose ( $\geq 10^3$  EID<sub>50</sub>) of live attenuated IB vaccine (Nobilis<sup>®</sup> IB Ma5, MSD Animal Health, Merck &  
78 Co., USA). The vaccine suspension was prepared according to the manufacturer's guidelines and  
79 administered by oral gavage. At day 15 and 30, the number of birds per isolator was respectively  
80 reduced to 20 and 10 to prevent overcrowding. The general health status of all birds was monitored  
81 daily. All broilers (still) included in the study were individually weighed upon arrival (day 1) and at  
82 the end of the study (day 40). In addition, the individual body weight of birds that were taken out of  
83 the isolators for density purposes (day 15 and 30) was registered, as well as the feed consumption  
84 (day 1, 15, 30, 40).

85 Tracheal swabs were obtained on day 5, 9, 15 and 30 and stored at 4 °C. IBV RNA was detected in  
86 the tracheal samples by RT-qPCR. Therefore, RNA was extracted from the tracheal samples with  
87 the innuPREP Virus DNA/RNA kit (AJ Innuscreen GmbH, Berlin, Germany) and subsequently the  
88 presence of IBV RNA was analyzed by RT-qPCR using the Kylt<sup>®</sup> IBV detection kit (AniCon Labor  
89 GmbH, Höttinghausen, Germany). On day 15, 30 and 40, blood was collected from the jugular vein  
90 and serum was obtained after centrifugation (3200 x g for 15 minutes) and stored at -20 °C. The  
91 anti-IBV antibody titers in serum samples were determined by ELISA with the Infectious Bronchitis  
92 Antibody Test Kit (Biochek, Reeuwijk, The Netherlands)(the cut-off value of the ELISA kit as  
93 specified by the manufacturer was 833). All assays were performed according to the manufacturer's  
94 instructions.

95 The main study parameters of this trial were the presence of IBV RNA in the trachea, anti-IBV  
96 antibody titers in serum, individual body weight, daily weight gain per isolator and feed conversion  
97 ratio per isolator (daily feed intake divided by daily weight gain).

98 ***Statistical Analysis***

99 Statistical analysis was performed with R version 3.6.0 © 2019 The R Foundation for Statistical  
100 Computing). Two-sided Wilcoxon rank-sum tests were carried out to compare the two treatment  
101 groups with respect to body weight and anti-IBV antibody titer. The statistical significance of  
102 differences in proportion IBV RNA-positive birds between treatment groups was evaluated by two-  
103 sided Fisher's exact tests. Results were considered significant if  $P \leq 0.05$ .

104

**RESULTS AND DISCUSSION**

105 Sustainable and efficient animal production is important in poultry husbandry. Birds in commercial  
106 flocks are, however, often subjected to multiple stress factors, such as high stocking densities and  
107 suboptimal climate conditions, which makes them highly susceptible for infectious diseases. This  
108 results in decreased reproduction and growth performance, and high mortality rates. Preventive and  
109 therapeutic measures are currently employed to combat infections of bacterial and viral origin.  
110 There is, however, an urgent need of alternative ways to prevent and treat infections with  
111 microorganisms as (1) the use of antibiotics is restricted due to the increasing number of resistant  
112 pathogens, and (2) vaccination does not necessarily guarantee full protection, as exemplified for  
113 IBV. This coronavirus of domestic fowl replicates in the respiratory tract as well as in other tissues  
114 such as the kidneys, gonads and alimentary tract, and induces IB, a disease characterized by clinical  
115 signs such as depression, coughing and nasal and ocular discharge. Although live and inactivated IB  
116 vaccines are commercially marketed, their effectiveness is often mediocre as they fail to provide  
117 sufficient cross-protection against other IBV serotypes (reviewed by (Cavanagh 2007)). IBV  
118 infections therefore remain an important source of economic loss within the poultry industry.

119 Alpha-monolaurin, a monoester formed from lauric acid, may become an important feed additive  
120 due to its antipathogenic activity and its stability in the gastrointestinal tract (reviewed by (Mu and  
121 Hoy 2004) and (Lieberman et al. 2006)). In this study, the effect of a commercial available  
122 formulation of  $\alpha$ -monolaurin (FRA<sup>®</sup> C12 Dry) on vaccination with Nobilis<sup>®</sup> IB Ma5 was evaluated  
123 in Ross 308 broilers to address the question whether this compound could interfere with orally  
124 administered live attenuated vaccines. The choice of pathogen/vaccine can be justified by the fact  
125 that IBV has relevant disease-causing potential in poultry, as described above, and vaccination with  
126 Nobilis<sup>®</sup> IB Ma5 is often applied in Europe.

127 Two treatment groups, housed in separate isolators, were included in this study to assess the effect  
128 of supplementing FRA<sup>®</sup> C12 Dry; the feed of the treated group was supplemented with the test  
129 product, whereas the control group received blank feed. Animals of both treatment groups were  
130 orally vaccinated on day 1 and 15. No serious health problems were observed during the trial and no  
131 significant differences were observed in body weight throughout the complete trial (Figure 1A). In  
132 addition, the average daily weight gain was comparable between the control and treated group  
133 (65.61 and 65.07 g, respectively) and the feed conversion ratio equaled 1.38 for both treatment  
134 groups. The lack of improvement of these parameters may be partially linked to the strictly  
135 controlled conditions during the trial, such as housing in HEPA-filtered isolators that restrict access  
136 of external pathogens.

137 ***Faster Clearance of IBV in Birds Receiving FRA<sup>®</sup> C12 Dry***

138 Feeding a diet supplemented with a commercial formulation of  $\alpha$ -monolaurin (FRA<sup>®</sup> C12 Dry),  
139 does not affect IBV vaccine uptake at current vaccination doses. Although some birds were still  
140 negative for IBV on day 5, respectively 4 and 9 percent for the control and treatment groups at day 9  
141 and 15 all birds from both groups tested positive (Figure 1B). On day 30, the percentage of IBV  
142 positive birds decreased, indicating that some birds established elimination of the virus.  
143 Interestingly, the percentage of IBV positive birds in the treated group was markedly lower  
144 compared to the control group (56 and 80%, respectively), though not statistically significant. This  
145 could suggest that faster clearance of vaccine-derived IBV occurs in birds receiving  $\alpha$ -monolaurin.  
146 As there was no effect on vaccine clearance at earlier timepoints, a direct anti-viral effect of  $\alpha$ -  
147 monolaurin (FRA<sup>®</sup> C12 Dry) was not observed in this trial. Alternatively, FRA<sup>®</sup> C12 Dry may have  
148 supported the immune response elicited by vaccination, which could explain the differences in the  
149 percentage of IBV positive birds on day 30.

150 **FRA® C12 Dry Stimulates Anti-IBV Antibody Production**

151 Vaccination with live attenuated IBV was demonstrated to result in the development of antibodies  
152 (Cook et al. 1999). To test the hypothesis that FRA® C12 Dry stimulates the immune response, anti-  
153 IBV antibody titers were determined after vaccination. The titers gradually increased from day 15 to  
154 day 40 for both the control and treatment group. At day 15, 30 and 40 respectively 5, 40 and 30  
155 percent of the control animals and 0, 31 and 80 percent of the FRA® C12 Dry group had  
156 seroconverted (titer above the cut off value of the ELISA). Interestingly, significantly higher anti-  
157 IBV titer values were detected at day 40 in vaccinated birds receiving FRA® C12 Dry compared to  
158 vaccinated control birds (Figure 1C). Together with the observation that more birds were able to  
159 establish faster clearance of vaccine IBV, this may suggest that  $\alpha$ -monolaurin indeed strengthens the  
160 immune response, though it should be noted that an increase in antibody titers does not necessarily  
161 guarantee better protection against future infections.

162 Although vaccine uptake was not impacted in this study, an improved antibody response against  
163 IBV was observed.

164 Earlier studies suggest a downregulating activity of  $\alpha$ -monolaurin on the immune system during  
165 infections, which makes the increased antibody response, as specific immune response, a finding  
166 that requires further investigation (Haase et al. 2015; Li et al. 2009; Zeinab et al. 2014; Zhang et al.  
167 2016). In conclusion,  $\alpha$ -monolaurin does not seem to interfere with, but rather stimulates the  
168 immune response elicited by IB vaccination, which would further support its use as a feed additive.  
169 Follow-up studies are, however, required to (1) examine if supplementing  $\alpha$ -monolaurin also results  
170 in better protection against several pathogenic IBV strains upon challenge, (2) further characterize  
171 the interaction between  $\alpha$ -monolaurin and the immune system, and (3) investigate whether  $\alpha$ -  
172 monolaurin induces a similar effect upon vaccination against and challenge with other pathogens.

173

**DECLARATION OF INTERESTS**

174 Authors E.P.C.W.D. and O.D. are employees of FRA<sup>®</sup>melco BV, which produces the test product  
175 FRA<sup>®</sup> C12 Dry used in this study.

176

**FUNDING SOURCE DECLARATION**

177 This research was funded by FRA<sup>®</sup>melco BV. The sponsor approved the study design, but was not  
178 involved in the collection, analysis and interpretation of the data, nor in writing the report. The  
179 sponsor revised the written manuscript and agreed to submit the article for publication.

180

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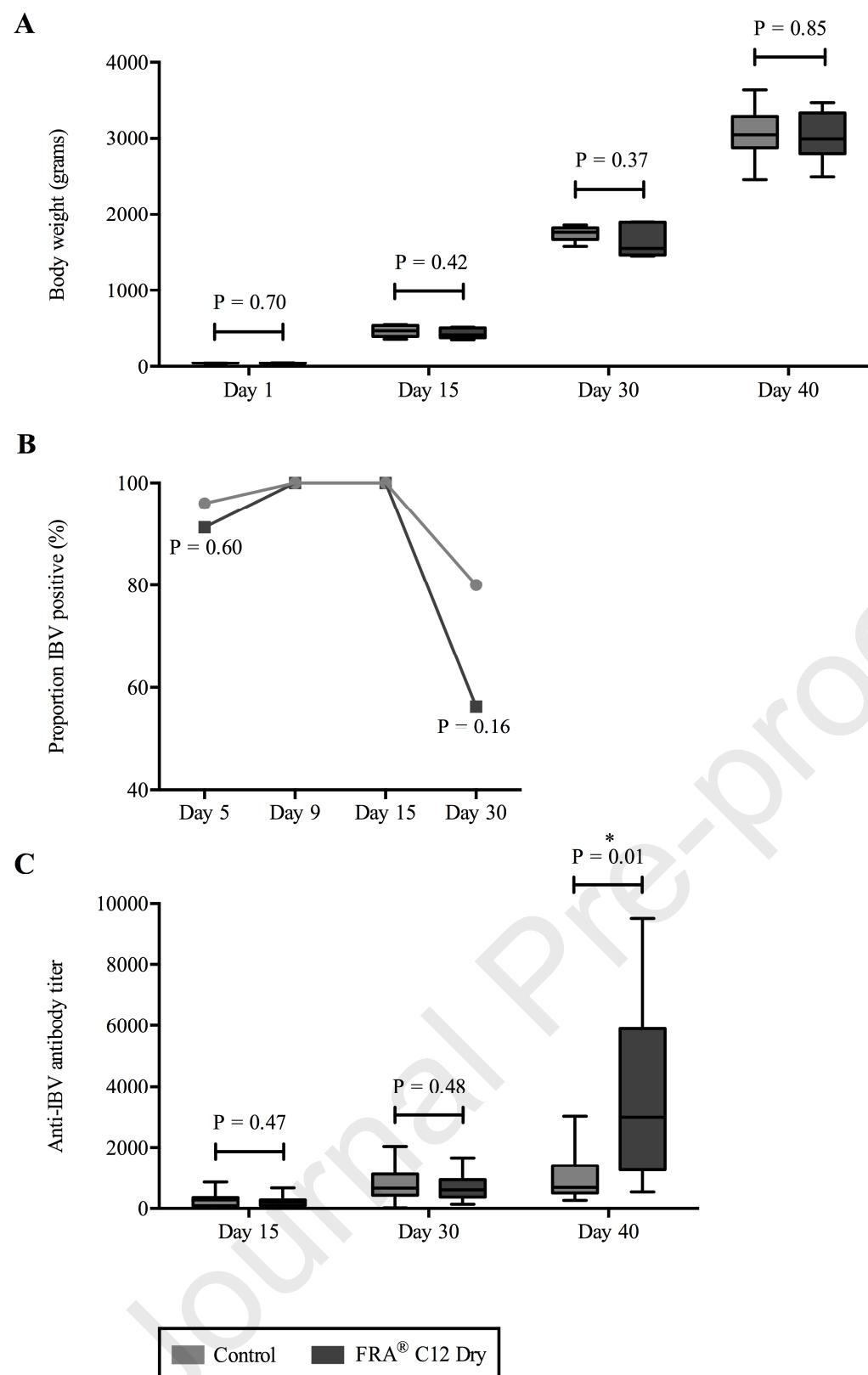
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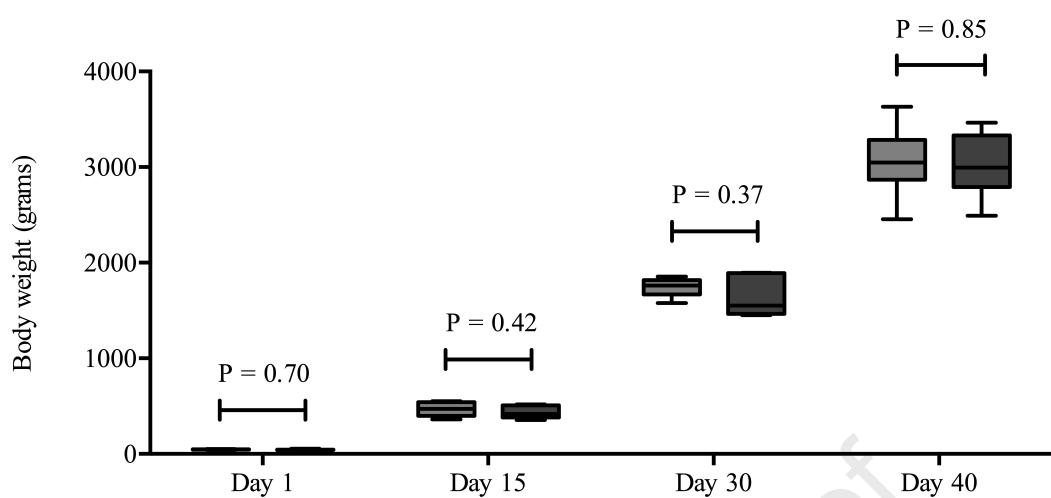
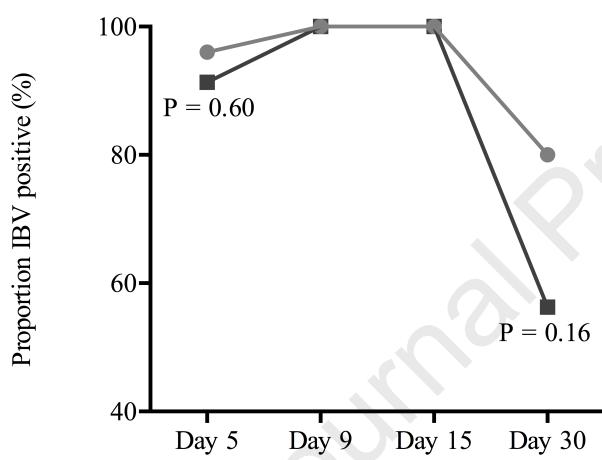
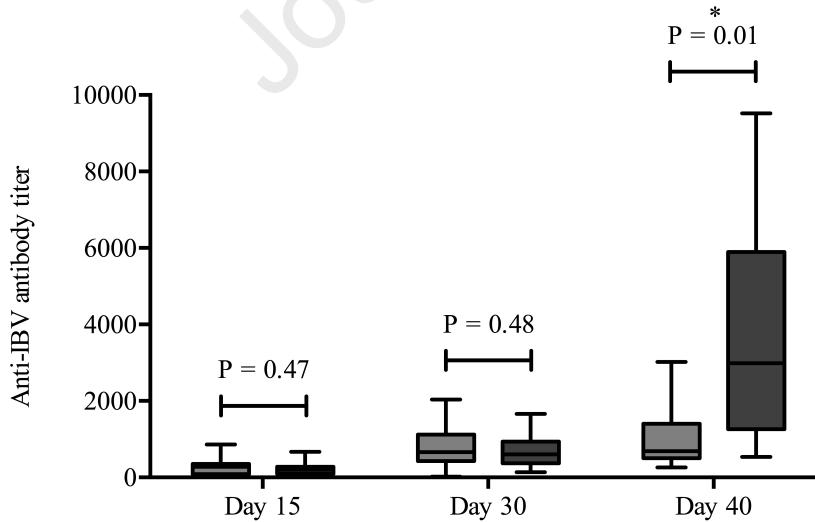
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208

**FIGURES**

210 **Figure 1. Effect of FRA® C12 Dry on body weight, proportion IBV positives and anti-IBV**  
211 **antibody titer.** (A) The body weight of each animal (still) included in the study was registered on  
212 day 1 and day 40, whereas birds that were taken out of the isolators for density purposes were  
213 individually weighed on day 15 and day 30. (B) IBV RNA in tracheal swabs obtained at day 5, 9, 15  
214 and 30 was detected by RT-qPCR and the proportion of IBV positive animals per treatment group  
215 was calculated. (C) The IBV antibody titer in serum samples acquired at day 15, 30 and 40 was  
216 evaluated by ELISA. All boxplots show the median, interquartile range and min/max values.  
217 Significant differences ( $P \leq 0.05$ ) are indicated by an asterisk.

**A****B****C**

Control	FRA® C12 Dry
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