

# PHYSICOCHEMICAL PROPERTIES OF SOLUBLE AND INSOLUBLE DIETARY FIBER SOURCES

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## Background and Objectives

- The physicochemical properties of DF are determined by the composition of monosaccharides leading to different effects on intestinal health and metabolism of pigs.
- The aim was to evaluate hydration-related properties of five sources of soluble fibers and five sources of insoluble fibers.

## Material and Methods

### SOLUBLE FIBERS



Vegetables pulp



Apple pulp



Citrus pulp



Beet pulp



Guar gum

### INSOLUBLE FIBERS



Lignocellulose



DDG



Soybean hull



Wheat bran



SmartFiber®

- Water holding capacity (WHC) =  $(W2 - W3) / W1$   
Measured by mixing a sample of 0.5 g (W1) of each ingredient with 10 mL of distilled water. The wet samples were weighed (W2) dried and weighed again to obtain the final weight (W3).
- Viscosity measurements were performed in a Brookfield LVF and RVT models using the adaptors UL and 4 (Brookfield Lab) with the samples at a shear rate of 30 – 100s<sup>-1</sup>.
- Bulking = volume occupied by sample / initial weight.  
Measured by mixing a sample of 1.0g of each ingredient with 10mL of distilled water.
- Variables were analyzed by ANOVA using Tukey as post-hoc test. Statistical differences were set at p<0.001.

## Results

- Guar gum had the highest values for all variables. while DDG had the lowest values.
- Beet pulp and citrus pulp followed guar gum as ingredients with high WHC.
- Wheat bran. SmartFiber®. and beet pulp viscosity was similar with DDG with the lowest values.
- Beet pulp and apple pulp followed guar gum as ingredients with high bulking.

### Physicochemical properties of ingredients

| Ingredients    | WHC (g/g)             | Viscosity (cP)            | Bulking (mL/g)          |
|----------------|-----------------------|---------------------------|-------------------------|
| Lignocellulose | 3.76 <sup>c,d</sup>   | 3.84 <sup>d,e,f</sup>     | 2.75 <sup>e,f,g,h</sup> |
| SmartFiber®    | 3.58 <sup>c,d,e</sup> | 3.41 <sup>g,h</sup>       | 3.12 <sup>d,e,f,g</sup> |
| DDG            | 2.22 <sup>g</sup>     | 3.72 <sup>d,e,f,g,h</sup> | 1.76 <sup>i</sup>       |
| Soybean Hull   | 3.48 <sup>c,d,e</sup> | 4.34 <sup>c</sup>         | 3.86 <sup>b,c,d</sup>   |
| Wheat bran     | 2.76 <sup>f</sup>     | 3.32 <sup>h</sup>         | 2.62 <sup>g,h</sup>     |
| Vegetable pulp | 3.44 <sup>c,d,e</sup> | 3.59 <sup>e,f,g,h</sup>   | 3.62 <sup>c,d,e,f</sup> |
| Apple pulp     | 3.76 <sup>c,d</sup>   | 4.99 <sup>b</sup>         | 4.43 <sup>b,c</sup>     |
| Citrus pulp    | 3.99 <sup>b,c</sup>   | 4.03 <sup>c,d</sup>       | 3.82 <sup>b,c,d,e</sup> |
| Beet pulp      | 4.88 <sup>b</sup>     | 3.74 <sup>d,e,f,g,h</sup> | 6.11 <sup>b</sup>       |
| Guar gum       | 31.78 <sup>a</sup>    | 6.92 <sup>a</sup>         | 997.37 <sup>a</sup>     |

## Discussion and Conclusion

Ingredients rich in soluble fibers had higher values of hydration-related properties. This indicates a potential to provide metabolic and physiological benefits to sows, such as distention of the gastrointestinal tract. Decreasing the feeling of hunger and increasing the welfare